

**Emergency Contact Card**  
**For a wallet or purse**  
**by The Red Guide to Recovery**

1. Print a card for each member of your household.
2. Fill in contact information for your household members. You will need work, school, cell phone numbers. Use the back of the card if you need additional space.
3. Cut out card, and fold to fit in your wallet.
4. Each member of your household should carry a copy with them in the event of a disaster.
5. Keep in mind that cell phones and land lines may not be available in the event of an emergency, so be sure your family knows where to meet at a pre-determined place outside your neighborhood.



[www.theredguidetorecovery.com](http://www.theredguidetorecovery.com)

Family Dentist: \_\_\_\_\_  
 Family Doctor: \_\_\_\_\_  
 Poison Control: 1-800-222-1222  
 Police/Fire/Ambulance: Call 911

Emergency Phone Numbers

Emergency Contact Card

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Name: \_\_\_\_\_

Home Address: \_\_\_\_\_  
 \_\_\_\_\_

Household Contact Information

Family meeting place: \_\_\_\_\_

Out-of-town contact: \_\_\_\_\_  
 \_\_\_\_\_

Household contact information: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

fold

fold

fold